

Clinical Social Work

Bereavement Support for Children and Parents

### For Bereaved Children

Club STAR: Sharing Together and Remembering

A group for ages 5-18 (and their parents) grieving the death of a parent or sibling. Meets from 5:30 – 7:30pm on the first Wednesday of the months of October to June at Mass General.

Sponsored by the Massachusetts General Hospital *for* Children, Child Life, and the Social Service Department.

To register, please contact Hillary D’Amato, CCLS at 617-643-9276 or mghclubstar@partners.org.

The Children’s Room

A resource and support center located in Arlington, MA that offers caring support to grieving children, teens, and families. Free age-specific support groups and play groups as well as information and support for parents and caregivers.

781-641-4741

[Childrensroom.org](http://childrensroom.org/)

Jeff’s Place

Offers free bimonthly open-ended peer support groups for children ages 3-19 and their caregivers who are coping with the death of a loved one. All groups are facilitated by professionally trained volunteers supervised by a master’s prepared clinician. Individual and small groups are held in Framingham, MA. Large groups are held in Wayland, MA.

508-879-2800

[jeffsplacemetrowest.org/the-program](http://www.jeffsplacemetrowest.org/the-program)

Comfort Zone Camps

Camps are offered free of charge to children ages 7-17 who have experienced the death of a parent, sibling or primary caregiver. Camps create a space where grieving children can have fun and break the isolation death often brings, while learning valuable coping skills for their daily lives. Typically, campers attend at least 3-6 months after the loss. Most camps are held from Friday to Sunday afternoon. Calendar: [comfortzonecamp.org/locations/massachusetts/calendar](http://www.comfortzonecamp.org/locations/massachusetts/calendar)

866-488-5679

[comfortzonecamp.org](http://www.comfortzonecamp.org/)

The Dougy Center for Grieving Children & Families

Website offers tools for children, teens, and young adults who are grieving a death. Search their site for grief centers staffed by their trainees throughout the country.

866-775-5683

[dougy.org](http://www.dougy.org/)

**Empower**

Support for children through young adults who have lost a parent. The Empower Mentor program pairs children, teens and young adults with screened and trained mentors who have also experienced the loss of a parent. Empower also hosts events and get togethers to provide relief from grief and meet others who have experienced loss.

[weareempower.org](https://weareempower.org/)

**Rosie Remembers Mommy: Forever in Her Heart -** downloadable e-book.

The story of a young girl who is struggling after the death of her mother. Reading this book together can help a grieving child understand the many feelings associated with the loss of a loved one, ask questions about the death, and know that their surviving parent is available to hear about all feelings—even upsetting ones. From The National Child Traumatic Stress Network. Download at: [nctsn.org/products/rosie-remembers-mommy-forever-her-heart](http://www.nctsn.org/products/rosie-remembers-mommy-forever-her-heart)

### For Bereaved Parents

The Compassionate Friends

Assists families toward the positive resolution of grief following the death of a child of any age and provides information to help others be supportive. Chapters throughout the U.S and internationally.

877-969-0010

[compassionatefriends.org](http://www.compassionatefriends.org/)

The Emmaus Ministry for Grieving Parents

The mission of The Emmaus Ministry for Grieving Parents is to serve the spiritual needs of grieving parents whose children of any age have died by any cause.

800-919-9332

[emfgp](http://www.emfgp.org/).org

**Robert’s Program (for families who have lost a child under age three due to natural causes)** Serves Massachusetts families in the aftermath of sudden unexplained death. They try to help understand the cause of the child’s death while supporting families through a very difficult time. 617-919-4513

[childrenshospital.org/centers-and-services/programs/o-\_-z/roberts-program](http://www.childrenshospital.org/centers-and-services/programs/o-_-z/roberts-program)

**The Massachusetts Center for Unexpected Infant and Child Death (for families, communities, and professionals after an unexpected death during pregnancy, infancy, or early childhood)** Offer bereavement counseling, home visits, parent support group, parent-to-parent contact and information and referral.

617-414-7437

[magriefcenter.org](http://www.magriefcenter.org/)